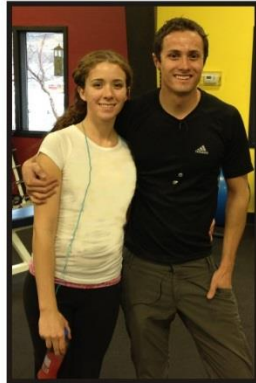


# A Healthy Employee IS A Productive Employee

Employees participating in wellness programs take 70% fewer sick days than those opting out of the program.

Wellness Council of America



Union Pacific Railroad found that 80% of its workers said the company's exercise

program helped to increase their productivity and 75% felt that regular exercise was helping them to concentrate better at work.

Incentive Magazine



Employees who exercise as little as once a week incur health costs 1/2 to 1/3 lower than those who don't.

Employee Benefit News

Join Today with our Corporate Discount Rate!



Adult Gym & Personal Training  
(970)749-8663



Adult Gym & Personal Training

## Corporate Fitness Program

How Fit are *Your* Employees?

### Invest in your employees

Provide an incentive for your employees to join our Fitness Program by paying for part, or all, of their membership fees to FS 24/7.

### Discounted Corporate Membership:

Employees (# joining)	\$/Month* (each)
5-9	\$50
10-14	\$45
15+	\$40

No enrollment fees

\*Rates are 12 month prepay

or E.F.T. (automatic funds transfer from your bank)

6-month contracts are also available at a higher rate

### Free Training Session for new Members

"I look forward to meeting with you and your employees to get started!"

- Don Roberts, Owner

### Join other Durango Businesses who participate in our Corporate Membership:

- Axis Health
- Bank of Colorado
- Hire-Up
- Home Depot
- Kroegers
- La Plata County
- La Plata Electric Association
- Mercury Payment Systems
- Mercy Medical Center
- Mountain View
- Rocky Mountain Chocolate Factory
- San Juan Basin Health

**381 Camino del Rio**

(In Office Depot Complex)

**(970)749-8663**

**FitnessSolutions247.com**